

Christian Kogler was born in Austria in 1962. Between the age of 14 and 28 OCD dominated his life. A longer stay on the Hebridean island of Iona on the west coast of Scotland started a healing process that led him to an independent life. He graduated from 2 universities and works as a filmmaker and university teacher now in Linz in Austria. He runs a student TV and radio station and also published 3 children crime stories (in German). 2021 he published his first feature documentary film „Birgitta’s Friends“. "Throw Your Heart Into The Sea" is his second full lenght feature documentary film.